



## PRESS RELEASE

### Sussex County Prosecutor's Office

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### SUSSEX COUNTY PROSECUTOR DANIEL M. PEREZ ANNOUNCES ARREST IN THE 1990 COLD CASE HOMICIDE OF LISA MARIE MCBRIDE

FOR IMMEDIATE RELEASE [April 11, 2026]

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**NEWTON, NJ** – Sussex County Prosecutor Daniel M. Perez announced today that members of the Sussex County Prosecutor's Office, the New Jersey State Police, the Vernon Township Police Department, and the Dare County Sheriff's Office (North Carolina), have made an arrest in connection with the murder of Lisa Marie McBride, which occurred on or about June 23, 1990 in Vernon Township, NJ.

On April 10, 2026, at approximately 8:00 p.m., a multistate task force apprehended Robert William McCaffrey Jr. of Manteo, North Carolina. McCaffrey, who is 54 years old, formerly resided in Charleston County, South Carolina and Sussex County, New Jersey. He is currently detained in Dare County, North Carolina pending extradition to Sussex County, New Jersey, where he will face charges of Murder in the First Degree, Kidnapping in the First Degree, and Burglary in the Second Degree.

This decades-old cold case was solved through significant advancements in DNA technology, combined with the relentless investigative efforts of detectives in the New Jersey State Police, the Sussex County Prosecutor's Office, and the Vernon Township Police Department. Robert McCaffrey Jr.'s arrest marks a major breakthrough, bringing long-awaited progress toward justice for the family of Lisa Marie McBride. McBride would have been 27 years old when her remains were discovered in 1990.

Anyone with information related to this case is urged to contact the Sussex County Prosecutor's Office at (973) 383-1570 or Lieutenant Kyle Phlegar at [kphlegar@scpo.sussex.nj.us](mailto:kphlegar@scpo.sussex.nj.us).

Additional details will be released as they become available. An arrest is merely one step in the process of determining a person's guilt. Every defendant is presumed innocent until proven guilty in a court of law.

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